



# The University of the West Indies Press

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## Praise for Achieving Excellence: Caribbean Soccer Coaching Manual

This coaching manual will serve as a guide for coaches implementing an elite coaching programme and for boys and girls under 11–15 years of age in the Caribbean. In the absence of a robust professional league in the region, this manual will certainly develop our players to the highest standards and will address the following four areas: mental toughness and determination; physical fitness and endurance; game awareness and intelligence; and technical ability.

Randy Harris  
President  
Caribbean Football Union

An informative and practical guide to coaching education with simple yet compelling delivery methods for young and aspiring coaches.

Marlon Glean  
FIFA Development Manager – Caribbean

The sharing of good practice is crucial in achieving excellence across the Caribbean region. Coaches who are starting their journey into football coaching will benefit from the range of topics, technical detail and practice ideas covered in this manual.

Alan Sefton  
Head  
Arsenal Football Club in the Community

Roland Butcher's coaching manual is a treasure for the region. Its insights and intelligent observations are a very useful contribution to the development of the sport in the Caribbean. From Argentina, home of Maradona and Messi, we congratulate the author and recommend this manual to all football enthusiasts.

Gustavo Martinez Pandiani  
Ambassador  
Argentine Republic

It is a good start to the development of football coaching in the Caribbean region. It's fundamental for grassroots programmes, as it is my belief that if we teach and nurture talent in the Caribbean at an early stage, we would put them on the right path for successful careers.

Russell Latapy  
Barbados National Coach

This coaching manual is a fantastic tool for coaches and will facilitate their day-to-day training operations. It will make their job easier and help them to understand the basic technical aspects of the game, planning and the provision of relevant age-related training sessions to young players.

Ahmed Mohamed  
Technical Director  
Barbados Football Association

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GENERAL INTEREST

ISBN 978-976-640-807-7

eBook

54 pp 8.5 x 11

US\$20.00

2020